

# Packing List for Mountain Gorilla Trek

- **Good, waterproof hiking shoes (the best and most comfortable you own!)**
- **long trousers (preferably waterproof or water resistant)**
- **long-sleeve shirt (breathable fabric)**
- **a hat/cap/etc.**
- **a scarf**
- **good socks**
- **thick gloves**
- **lots of water (preferably coconut water)**
- **protein snack bars**
- **waterproof backpack (to carry your photography gear)**
- **camera**
- **spare battery**
- **Gaiters (waterproof)**
- **Sunscreen**

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